



BOSTON BRUINS

Atlantic Division

Preseason Power Ranking **1**

x6

x5
EASTERN CONF

x4
PRESIDENTS'

3404
FRANCHISE WINS

47-20-15
109 Points
2023-24 SEASON

2nd
DIVISION

Boston, MA - TD Garden (17,850)
Head Coach: Jim Montgomery (112-32-20, 3rd Season)

2023-24: Lost in 2nd Round

Loaded Bruins Seeking Cup Run

Expectations were lower for the Boston Bruins entering last season after a devastating end to the '22-23 season, which saw Boston set the NHL record for wins, but suffer a stunning first round playoff loss. Longtime stars and team leaders Patrice Bergeron and David Krejci retired before the season, leaving huge holes in the lineup. But the Bruins exceeded expectations, leading the Atlantic Division for much of the year before an ill-timed slump at season's end allowed Florida to pass them for first. The Bruins outlasted Toronto in 7 games in the first round, but fell to the eventual champion Panthers in the second round. This veteran-laden team made some big free agent signings this offseason as they look to move back into the upper echelon of contenders in the NHL.

Forwards

The Bruins' offense is driven by their two elite forwards, **David Pastrnak** and **Brad Marchand**. "Pasta" has topped 100 points in each of the last two seasons with a combined 108 goals. He sent the Bruins past the Maple Leafs in the playoffs with a Game 7 overtime goal and he's still in his prime at age 28. Marchand, infamously known as "the Rat" for his occasionally questionable hits and reputation for being a pest on the ice, is also a major factor on offense. He is starting to age, but he remains an offensive force and scored 67 points last season. One of Boston's big offseason acquisitions is **Elias Lindholm**, a very good two-way center who battled through a wrist injury that limited his numbers last season, but he still managed to put up 44 regular season points and 10 points in 13 games for the Canucks in the postseason. Boston will be looking to him to fill their top line center role after signing him to a big free agent deal. **Pavel Zacha** is a former 6th overall pick who was thought of as a bust with New Jersey, but Boston gave him a fresh start. He has rewarded their faith in him and set career highs in points in each of the last two seasons. **Charlie Coyle** is coming off a season that saw him set career highs for goals (25) and points (60).



Photo via NHL

Boston will be looking for prospect **Fabian Lysell** to help fill the void on the second line left by the departure of Jake DeBrusk in free agency. Lysell had 50 points in 56 minor league games last year and his elite speed should play well in the NHL. 25-year-old **Morgan Geekie** and 26-year-old **Trent Frederic** had career-best seasons last year and both have improved their point totals in each of the past three seasons. The Bruins would love to see that trend continue and see them become reliable second- or third-line forwards. **John Beecher** is an effective fourth liner who uses his size and strength to control the puck and win battles on the boards. **Matthew Poitras** made his NHL debut last year and showed promise with 15 points in 33 games.

Defense/Goaltending

Boston brought in **Nikita Zadorov** during free agency, a hulking and hard hitting defender who was a big piece of the Vancouver defense last year. At 6'6", his 175 hits would have led Boston last year. **Charlie McAvoy** plays more minutes than any other Bruins defenseman and is effective at creating offense (47 points last year). **Hampus Lindholm** and **Brandon Carlo** likely won't bring too much offense, but both are very solid defenders and Lindholm in particular has shown ability to put up points in the past. **Mason Lohrei** joined the Bruins last year after two excellent seasons at Ohio State where he showed good offensive ability.

For the last two seasons, **Jeremy Swayman** shared the net in a 50-50 split with Linus Ullmark, with the two combining to allow the fewest goals in the league during '22-23. But in '23-24, Swayman outplayed Ullmark down the stretch and ended up starting 12 of Boston's 13 playoff games. Ullmark was traded to Ottawa this offseason, leaving Swayman as the unquestioned starter. The 25-year-old Alaska native has quickly grown into a top NHL goaltender and was one of the biggest reasons the Bruins were able to put up a fight against Florida in the postseason. In the trade of Ullmark, the Bruins received **Joonas Korpisalo** from Ottawa, who is coming off a rough season and will serve as the backup. Korpisalo has shown flashes of brilliance in his career and will look to rebound.

The Bottom Line

Even with the loss of franchise legend Bergeron before the '23-24 season, the Bruins remained contenders and gave the eventual Stanley Cup champion Panthers all they could handle in the postseason. Boston was able to do that despite having some serious holes at the center position and on defense and they filled both of those needs in free agency this offseason with two of the best players available in Lindholm and Zadorov. Between those two big signings, their established elite players like Pastrnak and Marchand, a top defenseman in McAvoy, a host of young players looking to take the next step in their development, and an elite young goaltender in Swayman, Boston is loaded with talent and positioned to be a legitimate contender once again. The Atlantic Division has other talented teams, but the Bruins possess a combination of scoring, defense, and depth that can outshine them all.

2024-25 Projection: 52-23-7 (111 points) - 1st in Atlantic



BRUINS

Jeremy Swayman



Photo via USA Today

BRUINS 5-YEAR POINT TREND

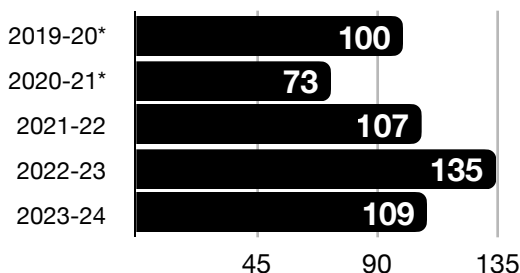


Photo via Meet Boston

2024-25 Schedule

October 2024					
		FLA 8		MTL 10	LA 12
		FLA 7:00		MTL 7:00	LA 1:00
	FLA 14		COL 16		UTA 19
	FLA 1:00		COL 9:30		UTA 9:00
		NSH 22		DAL 24	TOR 26
		NSH 8:45		DAL 7:00	TOR 7:00
		PHI 29		CAR 31	
		PHI 7:00		CAR 7:00	

November 2024					
					PHI 2
					PHI 1:00
SEA 3		TOR 5		CGY 7	OTT 9
SEA 5:00		TOR 7:00		CGY 7:00	OTT 7:00
		STL 12		DAL 14	STL 16
		STL 8:00		DAL 8:00	STL 1:00
	CBJ 18			UTA 21	DET 23
	CBJ 7:00			UTA 7:00	DET 7:00
		VAN 26	NYI 27		PIT 29
		VAN 7:00	NYI 7:30		PIT 6:30

December 2024					
MTL 1		DET 3	CHI 4		PHI 7
MTL 3:00		DET 7:00	CHI 7:30		PHI 1:00
		WPG 10		SEA 12	VAN 14
		WPG 8:00		SEA 10:00	VAN 10:00
		CGY 17		EDM 19	BUF 21
		CGY 9:00		EDM 9:00	BUF 7:00
	WSH 23			CBJ 27	CBJ 28
	WSH 7:00			CBJ 7:00	CBJ 7:00
		WSH 31			
		WSH 12:30			

January 2025					
				NYR 2	TOR 4
				NYR 7:00	TOR 7:00
NYI 5		EDM 7		TB 9	FLA 11
NYI 6:00		EDM 7:00		TB 7:00	FLA 1:00
		TB 14			OTT 18
		TB 7:00			OTT 3:00
	SJ 20		NJ 22	OTT 23	COL 25
	SJ 1:00		NJ 7:00	OTT 7:00	COL 1:00
		BUF 28		WPG 30	
		BUF 7:00		WPG 7:00	

February 2025					
					NYR 1
					NYR 3:30
		MIN 4	NYR 5		VGK 8
		MIN 7:00	NYR 7:00		VGK 3:30
2025 NHL 4 Nations Face-Off					
2025 NHL 4 Nations Face-Off					
					ANA 22
		TOR 25		NYI 27	ANA 7:00
		TOR 7:00		NYI 7:00	

March 2025					
					PIT 1
					PIT 3:00
MIN 2		NSH 4		CAR 6	TB 8
MIN 3:30		NSH 7:00		CAR 7:00	TB 3:00
		FLA 11		OTT 13	TB 15
		FLA 7:00		OTT 7:00	TB 7:00
	BUF 17			VGK 20	SJ 22
	BUF 7:00			VGK 10:00	SJ 10:30
LA 23			ANA 26		DET 29
LA 9:00			ANA 10:00		DET 8:00

April 2025					
		WSH 1		MTL 3	CAR 5
		WSH 7:00		MTL 7:00	CAR 7:00
BUF 6		NJ 8		CHI 10	
BUF 6:00		NJ 7:00		CHI 7:00	
PIT 13		NJ 15			
PIT 3:30		NJ 7:00			

HOME

AWAY

Projected BOS Lineup

Forwards

	Left Wing	Center	Right Wing
Line 1	18 Pavel Sacha	28 Elias Lindholm	88 David Pastrnak
Line 2	63 Brad Marchand	13 Charlie Coyle	23 Fabian Lysell
Line 3	11 Trent Frederic	51 Matthew Poitras	39 Morgan Geekie
Line 4	49 Max Jones	19 John Beecher	47 Mark Kastelic

Defense

Line 1	91 Nikita Zadorov	73 Charlie McAvoy
Line 2	27 Hampus Lindholm	25 Brandon Carlo
Line 3	6 Mason Lohrei	52 Andrew Peeke

Goaltenders

Starter	1 Jeremy Swayman
Backup	70 Joonas Korpi

2023-24 NHL Ranks

POINTS - 109 (6th)
 GF - 263 (13th)
 GA - 221 (5th)
 PP% - 22.22 (14th)
 PK% - 82.46 (7th)
 SV% - .912 (3rd)

0.933 < Number to Know

Swayman's .933 playoff save percentage led all goaltenders last year. Having a net minder of his caliber will go a long way towards making Boston top contenders this year.

PLAYER SPOTLIGHT

ELIAS LINDHOLM - C



2023-24 Statistics

GP	G	A	PTS	+/-
75	15	29	44	-14

Elias Lindholm joins the Bruins this year after a down season in '23-24. A wrist injury sidelined him briefly and slowed his production, but he rebounded with 10 points in 13 games in the playoffs for Vancouver. Lindholm scored 42 goals as recently as the '21-22 season and is poised for a bounce back year. Boston is relying on him to take over their top line center position and his superb play on both offense and defense will help the Bruins immensely.